

New Zealand Single Track Adventures
RISK DISCLOSURE ACKNOWLEDGEMENT

All participants must read and understand our Risk Disclosure Form before participating in any of our Mountain Bike Adventure Tours in New Zealand. By signing this form, I confirm that I have been informed of and accept the following serious risks associated with mountain biking in a New Zealand outdoor environment, and that I am competent and physically capable of participating in a mountain bike adventure tour.

I understand that there are hazards & risks involved in the activity of mountain biking and all activities I will be undertaking on a mountain bike adventure tour. Hazards included on this mountain bike adventure tour are but not limited to: steep drop offs, cliffs, uneven terrain, steep grades, steep gradients, unstable rocks, slippery roots, speed, variety of terrain and gradients, unstable surfaces, trees, obstacles, loss of balance; difficulty or inability to control one's speed and direction; variation or steepness in terrain; rapid or uncontrolled acceleration on hills and inclines; mechanical failure of equipment; variation or changes in the riding surface including rocks, gravel, cliffs, trees, roots, tree stumps, streams and creeks; changing weather conditions; exposure to temperature extremes or inclement weather; travel or transport to and from the sites used for mountain biking; travel on high ways and backcountry roads; encounters with domestic and wild animals including dogs, collision with pedestrians, motor vehicles, and cyclists; becoming lost or separated, from ones party; Helicopters, extreme exhausts from helicopters, helicopter rotors and loose flying objects, other aircraft, rapid water in creek or river crossings.

The serious risks you may be exposed to during your mountain bike adventure tour include, but are not limited to:

Motor vehicle accident including collision with other vehicles on or off roads while travelling to the mountain biking locations
Risk of falling from your mountain bike and crashing causing serious trauma or injury to the body
Risk of severe injury or death from mountain biking or other activity within the adventure tour
Collisions with natural features (trees, rocks, drop-offs) or other riders.
Serious injuries: fractures, concussions, spinal trauma, internal injury, or death.
Your own failure to heed safety warnings, both Verbal and Written, which may cause serious harm or death to yourself or others
Hypothermia (cold exposure, wet clothing, wind chill).
Hyperthermia/heat exhaustion (hot, dry conditions).
UV exposure and dehydration are risks in open terrain.
Delay in emergency response and medical care due to remote backcountry mountain biking location
Actions of other road users or members of the public which could cause serious harm.
Risk of falling or injury due to uneven, loose, or slippery terrain.
Risk of injury or death due to natural events such as Earthquakes, Landslide, Flash Flooding, Treefall, Wildfire, Lightning, Blizzards, Volcanic Eruption, Tsunami, Cyclones, and any ongoing consequences of these events

I am aware that I am voluntarily participating in a guided mountain bike tour and that Mountain Biking involves many of these serious risks and hazards mentioned. I also understand that an unpredictable or uncontrollable event may occur that could possibly cause me serious harm or death.

I am aware of the implications of my voluntary participation and the consequences involved in mountain biking and adventure tours. I am aware of the implications of my voluntary participation should I ignore the organization's safety management procedures and directions, guiding principles, including procedures and directions regarding the use of any safety equipment. I am responsible for controlling the mountain bike, and by signing this Risk Disclosure I am in sound physical capability and fitness and technical capability to participate on a mountain bike tour. I have already indicated my skills and fitness rating on the online Medical and Booking Form. I have disclosed any medical conditions that may cause me harm in participating in mountain biking and adventure tours.

I agree to take full responsibility for my actions and ride within my capability. If I do not feel comfortable on certain terrain, I am responsible for getting off my bike and walking sections of terrain out of my capability of riding.

I acknowledge that the organization will take all reasonable and practical steps to keep me safe while I am involved in mountain biking and its activities involved in the tour, however, I accept full responsibility for my own actions or inaction.

By signing this form I have read and understood this risk disclosure and the serious risks involved in Mountain Biking and by participating in a Mountain Bike Adventure Tour.

First & Last Name: _____

Participant's Signature:

Witness Signature:

Name Of Witness: _____