## **New Zealand Single Track Adventures**

## RISK DISCLOSURE ACKNOWLEDGEMENT

All participants must read and understand our Risk Disclosure Form before participating in any of our Mountain Bike Adventure Tours in New Zealand. By signing this form you agree and understand the high risks involved in Mountain Biking, including adventure tours and that you are competent and physically capable of participating in a mountain bike adventure tour.

I understand that there are risks involved in the activity of mountain biking and all activities I will be undertaking on this mountain bike adventure tour. I understand that there are many risks and hazards involved with Mountain Biking and an adventure tour, including but not limited to: steep drop offs, cliffs, uneven terrain, steep grades, steep gradients, unstable rocks, slippery roots, speed, variety of terrain and gradients, unstable surfaces, trees, obstacles, loss of balance; difficulty or inability to control one's speed and direction; variation or steepness in terrain; rapid or uncontrolled acceleration on hills and inclines; mechanical failure of equipment; variation or changes in the riding surface including rocks, gravel, cliffs, trees, roots, tree stumps, streams and creeks; changing weather conditions; exposure to temperature extremes or inclement weather; travel or transport to and from the sites used for mountain biking; travel on highways and backcountry roads; encounters with domestic and wild animals including dogs, collision with pedestrians, motor vehicles, and cyclists; becoming lost or separated, from ones party; Helicopters, extreme exhausts from helicopter rotors and loose flying objects, other aircraft, rapid water in creek crossing, and drowning.

I am aware that I am voluntarily participating and that Mountain Biking involves many of these risks and hazards mentioned.

I also understand that an unpredictable or uncontrollable event may occur that could possibly cause me serious harm or death. I am aware of the implications of my voluntary participation and the consequences involved in mountain biking and adventure tours. I am aware of the implications of my voluntary participation should I ignore the organisation's safety management procedures and directions, guiding principles, including procedures and directions regarding the use of any safety equipment.

I am responsible for controlling the mountain bike, and by signing this Risk Disclosure I am in sound physical capability and fitness and technical capability to participate on a mountain bike tour. I have already indicated my skills and fitness rating on the online Medical and Booking Form. I have disclosed any medical conditions that may cause me harm in participating in mountain biking and adventure tours. I agree to take full responsibility for my actions and ride within my capability. If I do not feel comfortable on certain terrain, I am responsible for getting off my bike and walking sections of terrain out of my capability of riding.

I acknowledge that the organisation will take all reasonable and practical steps to keep me safe while I am involved in mountain biking and its activities involved in the tour, however, I accept full responsibility for my own actions or inaction.

## Participant's Signature: Date: Witness Signature:: Name Of Witness:.....

Mountain Biking Risk Disclosure Form 2024 - NZSTA

I have read and understood this risk disclosure: